



**Hume Institute for Postgraduate Studies, Lausanne
and the School of Medicine, University of Bolton,
are delighted to invite you to a webinar entitled:**

“Ageing with Dignity”

Date: 21st June 2021

Time: 6pm - 7.30 pm (BST)

Speaker

Speaker

Speaker

Moderated by:



**Professor
Paul Kingston**

Professor of Ageing
and Mental Health
at the University of
Chester

**Professor
Martin Vernon**

Former National
Clinical Director for
Older People and
Person Centred
Integrated Care at
NHS England

**Paul
McGarry**

Assistant Director
at GMCA and
Ageing Hub

**Professor
John Lumley**

Founding Dean for
the School of
Medicine,
University of Bolton

Agenda

"Ageing with dignity"

18:00: Welcome

Dr Zubair Hanslot, Provost and Institutional Lead - School of Medicine, University of Bolton

18:05: Introduction

Professor John Lumley, Founding Dean for the School of Medicine, University of Bolton

18:10: Speaker 1: Ageing society: from Cicero to present day

Professor Paul Kingston-Professor of Ageing & Mental Health, University of Chester

18:30: Speaker 2: Ageing well: a public health challenge

Professor Martin Vernon-Geriatrician and Clinical Advisor, Greater Manchester and London

18:50: Speaker 3: Ageing society in a modern city: the Greater Manchester experience

Paul McGarry –Assistant Director Greater Manchester Combined Authority & Ageing Hub

19:10: Q&A

19:30: Close

Preamble:

The world population is ageing because of a falling birth rate and an improved life expectancy: knowing this has not helped governments develop sustainable health and care policies. The underlying causes and impacts of population ageing remain poorly understood. Planning, using population age structure alone, does not account for uneven geographical distribution of older people, their health characteristics, functional needs or lived experiences. Despite society becoming more successful at protecting characteristics, such as gender, race, ability, relationships, religion and beliefs, we continue to struggle with ageing; *the most fundamental characteristic of being human*. This has the potential to impact adversely, not just on personal health and wellbeing, but more widely on the social, political and economic success of society.

Our experiences and choices earlier in life can significantly affect how we experience later life. Changing policies to optimise life-opportunities require us to reshape deficit-focused ageing narratives, towards those focused on valuing dignity as we age. Social exclusion, poor mental health and reduced prospects of employment are all outcomes we can influence for the better. Extended quality contact between generations has been shown to positively influence the attitudes of younger people towards older citizens. The extent to which we value and respect each other is a fundamental indicator of a successful society.

Shifting the narrative

To date, we have failed, collectively, to realise the value of ageing, much less incorporating this value into governmental policies to benefit the wider population. Government and its agencies use policy levers to influence individuals and groups to behave differently. By careful positioning of key tipping points, people and behaviours can be shifted with relative ease. The trick is positioning the right lever for greatest benefit, without expending too much effort or causing harm.

The health and social care infrastructure is currently poorly configured and inadequately resourced to meet the demands of whole population ageing, let alone realise the value society should place on maintaining dignity as we age. It is now essential to explore the development of new policy levers, focused on realising the value of maintained respect and dignity for all citizens as they age, as a means of promoting a thriving society.

About the Speakers:

Professor Paul Kingston is Professor of Ageing and Mental Health & Co-Director: Westminster Centre for Research on Ageing, Mental Health and Veterans, University of Chester. Former Chair of NHS England's National Safeguarding Adult Network and its Steering Group. He is Independent Chair for Adult Safeguarding in Wigan and Independent Safeguarding Chair for Dudley Safeguarding People Partnership.

Professor Martin Vernon qualified as a doctor in 1988 in Manchester. He trained as a Geriatrician and General Internal Physician in the North West of England and London before becoming an NHS Consultant in Manchester in 1999 where he practices medicine. He has a MA in Medical Ethics and Law from King's College London, teaches these subjects at Salford University and was appointed Visiting Professor at the University of Chester in 2016.

Paul McGarry is Head of the Greater Manchester Ageing Hub and is an Honorary Research Fellow at the University of Manchester. Paul has led multi-agency urban ageing partnerships since 2003 and has published and lectured on ageing internationally. He has an MA in social gerontology and has been a member of the World Health Organisation's Global Network of Ageing Friendly Cities Advisory Group, and the Scientific Steering Board for the joint Age-friendly Environments in Europe project.

About the Moderator:

Professor John Lumley is the Founding Dean for the School of Medicine, University of Bolton. He was previously surgeon at Barts, National Hospital Queens Square and Great Ormond Street Hospital, London; Council Member Royal College of Surgeons; World President of the International College of Surgeons; Author/Editor of over 70 textbooks, including *Ageing, don't panic*.

About School of Medicine, University of Bolton

The School of Medicine at Bolton is a new innovation in a young vibrant University. It has commenced with a postgraduate component prior to establishing an undergraduate school. The programme includes an MBA in Global Health, and training in the shortage specialties of radiology, mental health and emergency medicine, preparing students for Royal College examinations and an MD qualification.

About Hume Institute for Postgraduate Studies Lausanne:

Hume Institute for Postgraduate Studies is a Higher Education Institution based in Lausanne, Switzerland. Hume was founded to foster a commitment to world-class learning and research. Hume is committed to providing contemporary teaching at a postgraduate level with the added value of global learning through the Swiss experience. Hume recognises that there is one characteristic shared by all prominent educational institutions and that is a commitment to excellence. Hume hosts the University of Bolton Swiss Academic Centre.